



# GROUP LESSON DETAILS



## Description

EBC Group Lessons are designed to introduce athletes to badminton and to help young athletes refine their skills for local/school competition. All lesson plans are designed by EBC Head Coach & Official Team Canada National Team Coach, Efendi Wijaya.

## Pricing

- **\$203.40 / 10 lessons**
- Athletes must register for all 10 lessons

## Dates (2019)

June 22 - Aug 24  
Aug 31 - Nov 2  
Nov 9 - Jan 11, 2020

## Schedule

1 LESSON / WEEK | 10 LESSONS TOTAL | PICK ONE BELOW

**Beginner:** Saturday 9:30 AM - 11 AM

**Beginner:** Saturday 5 PM - 6:30 PM

**Beginner:** Sunday 10 AM - 11:30 AM

**Intermediate:** Saturday 11 AM - 12:30 PM

**Intermediate:** Thursday 5:30 PM - 7 PM

## Eligibility

All ages welcome | **Mandatory try-out** required for all registrants

## Levels Description

### WHAT STUDENTS WILL LEARN:

**Beginner:** universal grip, basic and intermediate stationary shots, refined footwork, basic shot-footwork combination

**Intermediate:** intermediate-level shots with footwork, confident footwork, basic strategy, stationary advanced shots

\*To advance to the next level, athletes must be able to perform the skills taught in the current level correctly and consistently. A test will be issued on lesson 9 or 10 to determine advancement eligibility.

## Other

Badminton shoes required for all athletes; athletes must bring their own shoes.

Athletes are responsible for bringing and maintaining their own badminton racket.

**No refunds, exchanges, or rescheduling** will be issued for missed lessons.